

# Loneliness and Mental Health

Tuesday 30 June 2020  
5.30 – 6.45pm AEST

## Prof Sonia Johnson

Professor of Social and Community  
Psychiatry, UCL Institute of Mental Health  
Director of the NIHR Mental Health  
Policy Research Unit for England

*With commentary from*

## Hugh Mackay AO

Social psychologist, Researcher and Author

*followed by discussion and Q&A*

webinar series

frontiers in  
mental health



*Hosted by*

Dr Elizabeth Moore

Co-ordinator General, Office for Mental Health and Wellbeing, ACT

Prof Luis Salvador-Carulla

Head, Centre for Mental Health Research, Australian National University



*Register for access and calendar link*

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## Our Speakers



**Sonia Johnson** is Professor of Social and Community Psychiatry in the Division of Psychiatry at University College London. She has published research on a range of topics relevant to the care of people with severe mental health problems, including crisis care, early intervention in psychosis, women's mental health and digital mental health. She is currently Director of the NIHR Mental Health Policy Research Unit for England, which conducts rapid research to inform mental health policy. She and her group have been developing a programme of research on loneliness and mental health over several years, and she currently leads the UKRI Loneliness and Social Isolation in Mental Health Network. She also has a strong interest in education, especially training future researchers in mental health, and is Director of the UCL MScs in Mental Health Sciences. For her work on Twitter, please follow @SoniaJohnson, @UCL\_loneliness, @MentalhealthPRU and @MentalhealthMSc.



**Hugh Mackay AO** is a social psychologist, researcher and bestselling author. His latest non-fiction book, *The Inner Self*, will be published in 2020 concurrently with his eighth novel, *The Question of Love*.

Hugh has had a 60-year career in social research and was a weekly newspaper columnist for over 25 years. Among many honorary appointments, he has been Deputy Chairman of the Australia Council for the Arts, Chairman of Trustees of Sydney Grammar School, the inaugural Chairman of the ACT Government's Community Inclusion Board and an honorary professor at Macquarie, Wollongong and Charles Sturt universities. He is currently a patron of the Asylum Seekers Centre and the new patron of the ACT's Havelock Housing.

Hugh is a Fellow of the Australian Psychological Society and the Royal Society of NSW. In recognition of his pioneering work in social research, he has been awarded honorary doctorates by Charles Sturt University, Macquarie University, University of NSW, Western Sydney University, and Wollongong University. He was appointed an Officer of the Order of Australia in 2015.

## More information

More information about the *Frontiers in Mental Health* webinar series can be found at <https://rsph.anu.edu.au/research/centres-departments/centre-mental-health-research>



This webinar series is an initiative of the ANU Centre for Mental Health Research VIDEA (Visual and DEcision Analytics) Lab <https://rsph.anu.edu.au/research/groups/visual-and-decision-analytics-veda-lab>