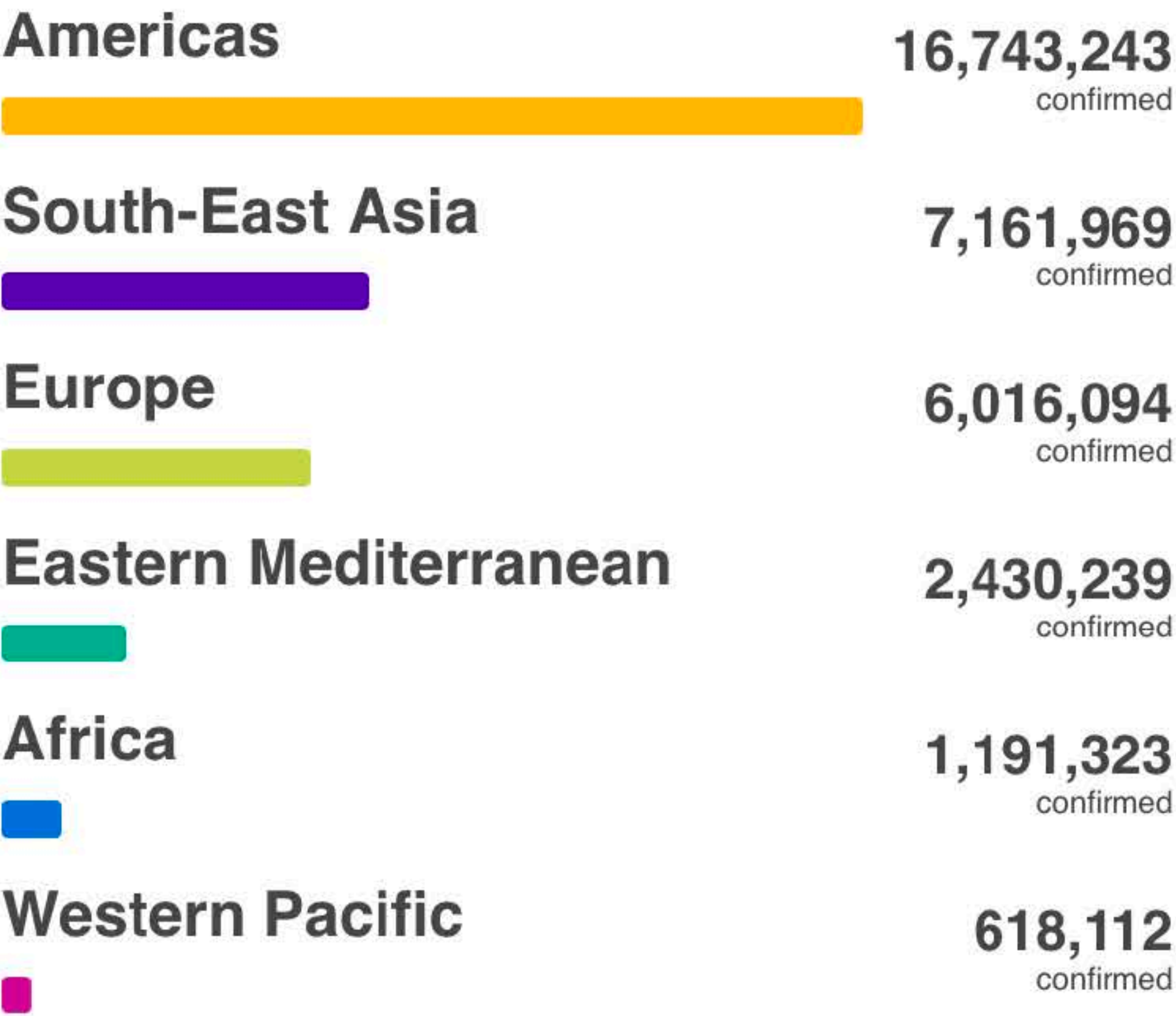


The Public Health Impact of COVID-19 in Latin America Webinar Series

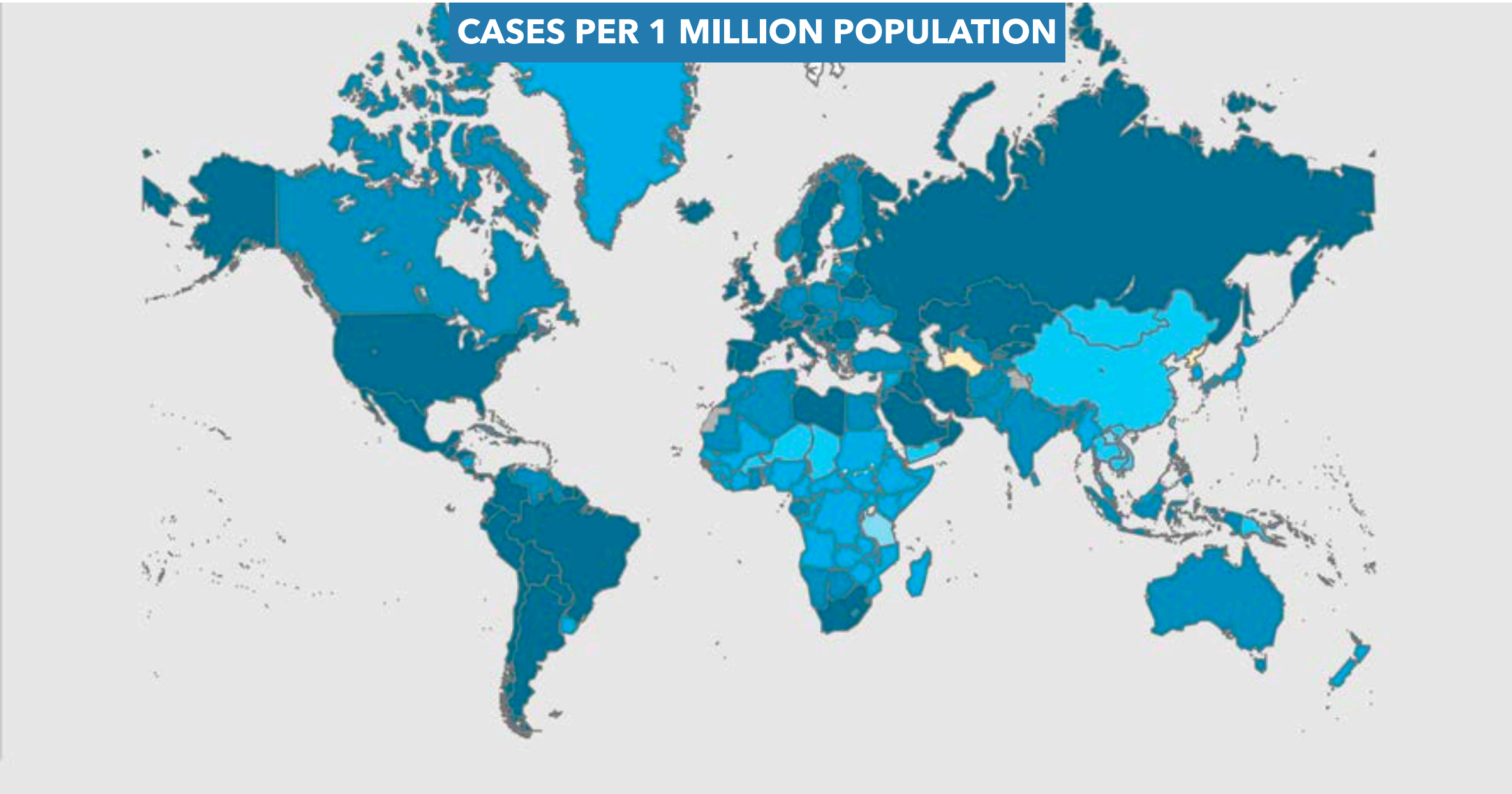
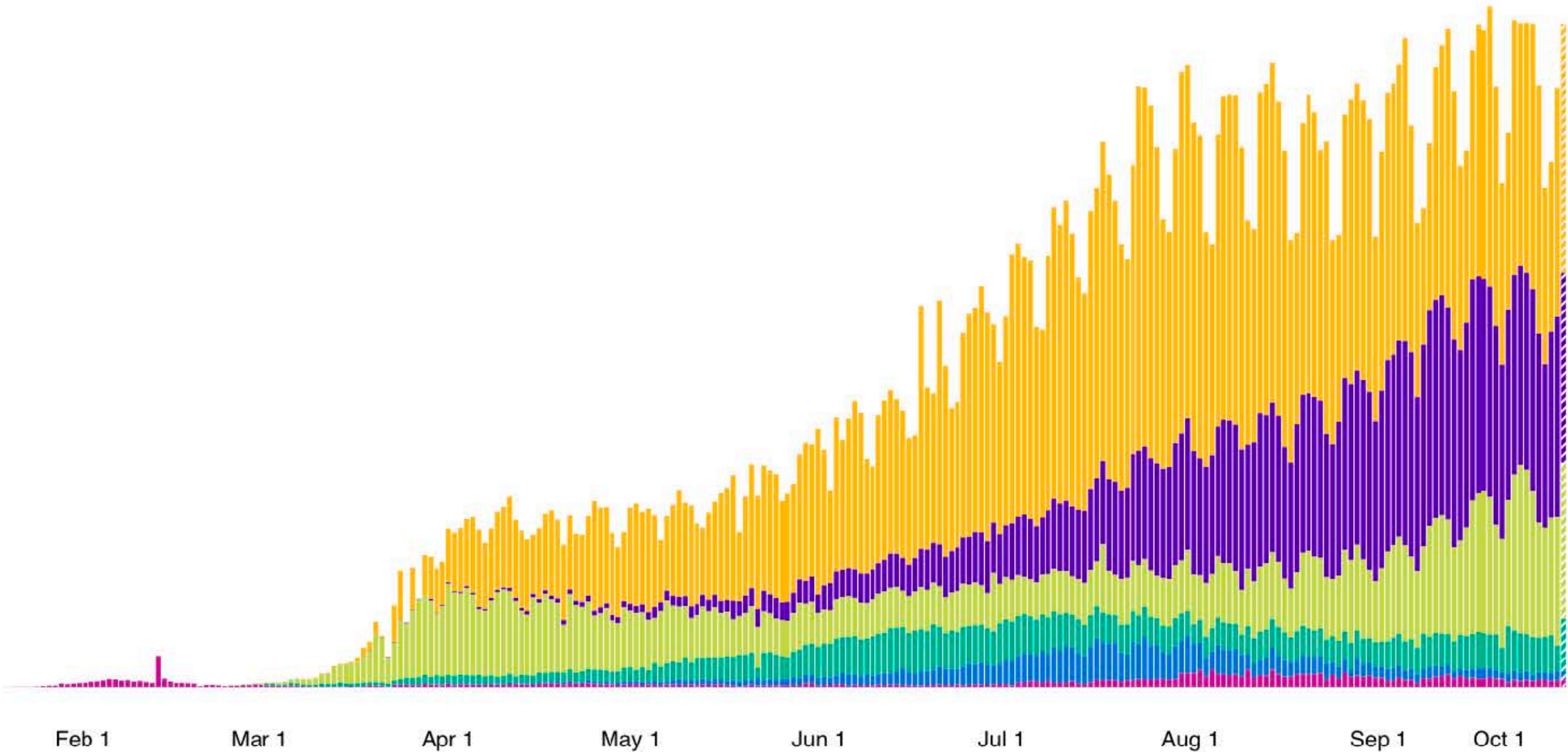


Situation by WHO Region



Source: World Health Organization

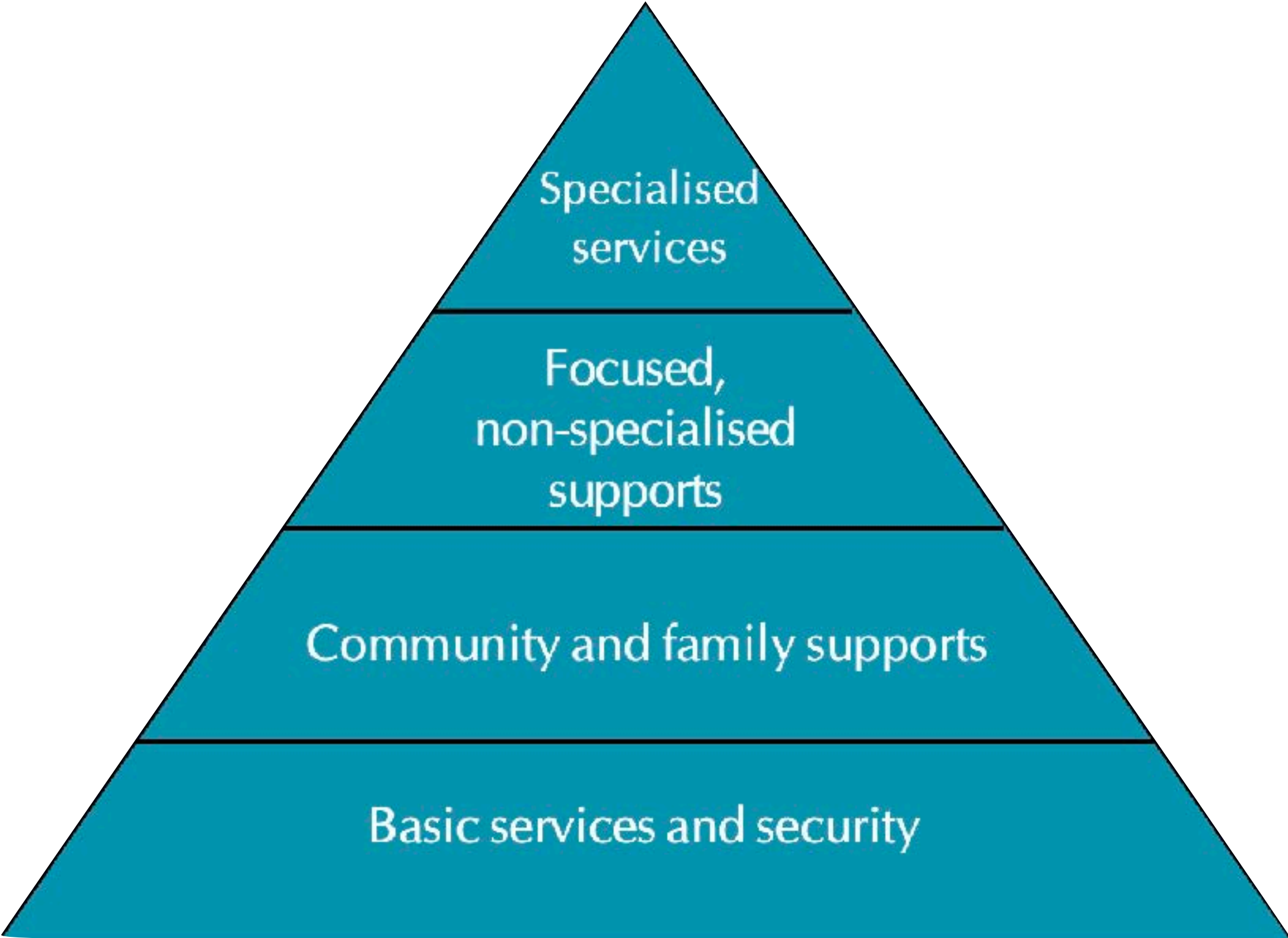
DAILY CASES



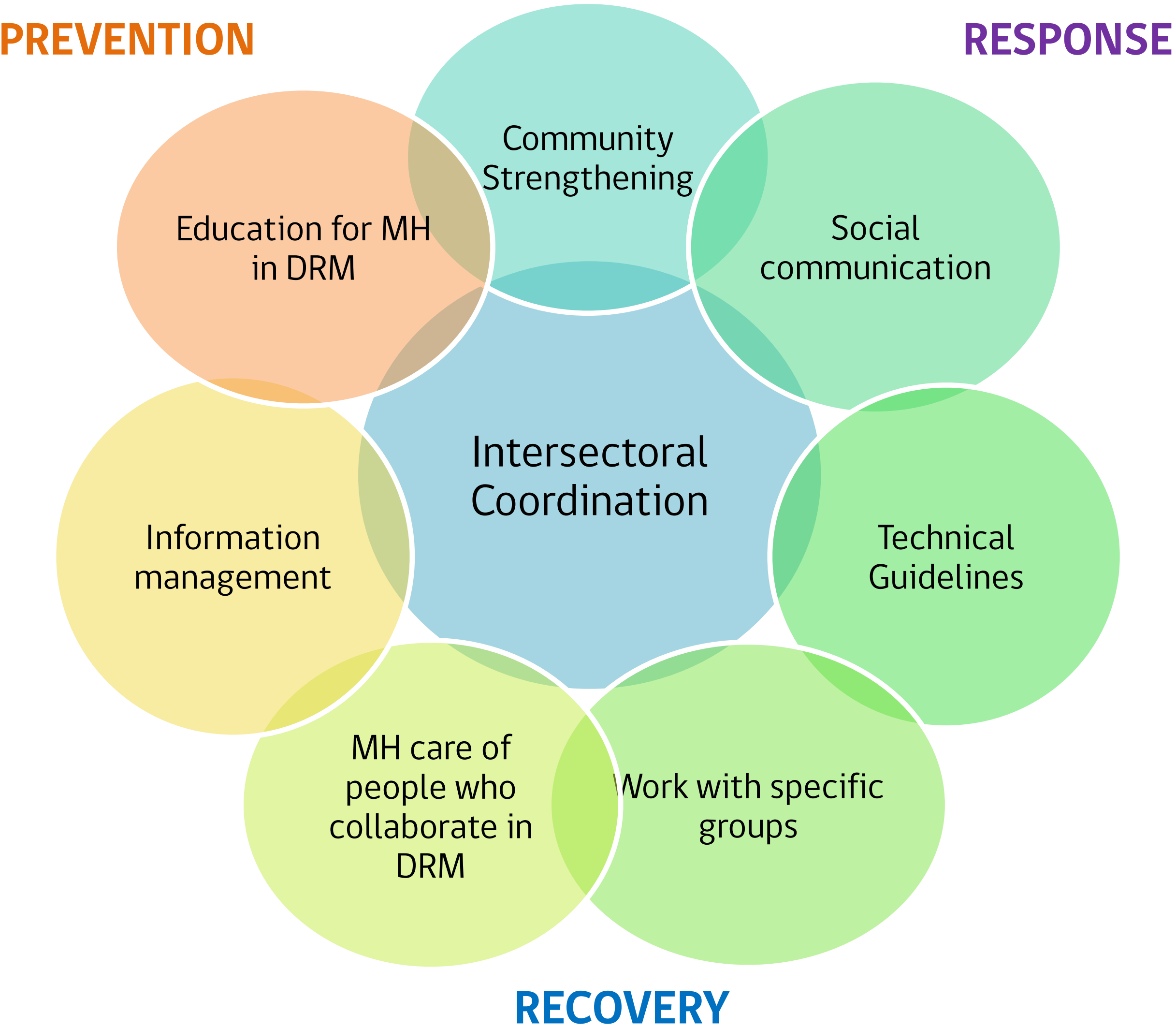
Source: Pan American Health Organization/World Health Organization



Intervention pyramid for mental health and psychosocial support in emergencies (IASC/WHO)



Health Emergency and Disaster Risk Management Framework



Methods

Rapid assessment of service delivery for MNSD during the COVID-19 Pandemic

- The WHO Department of Mental Health and Substance Use developed the survey “Rapid assessment of service delivery for Mental, Neurological and Substance Use Disorders during the COVID-19 Pandemic” in collaboration with the six WHO regional offices.
- The survey adapted the structure applied in the WHO Rapid assessment of service delivery for Noncommunicable Diseases during the COVID-19 pandemic to evaluate information needs for MNS disorders. In the Americas, the survey was applied in English, French, Portuguese, and Spanish.

BOX 1. Survey thematic areas and questions

Mental health and psychosocial support

- Q1** Is MHPSS response part of the national COVID-19 response plan?
- Q2** Do multisectoral MHPSS coordination platforms for COVID-19 exist?

Mental, neurological and substance use services during the COVID-19 pandemic

- Q3** Is ensuring continuity of services for MNS disorders included in the list of essential health services as part of your country's response during COVID-19?
- Q4** During the COVID-19 pandemic, what are the government policies for access to essential services for MNS disorders at primary, secondary and tertiary care levels?
- Q5** Which of the following interventions/services related to MNS disorders have been disrupted due to COVID-19?
- Q6** What are the leading causes of this disruption(s)?
- Q7** What are the approaches used to overcome these disruptions?

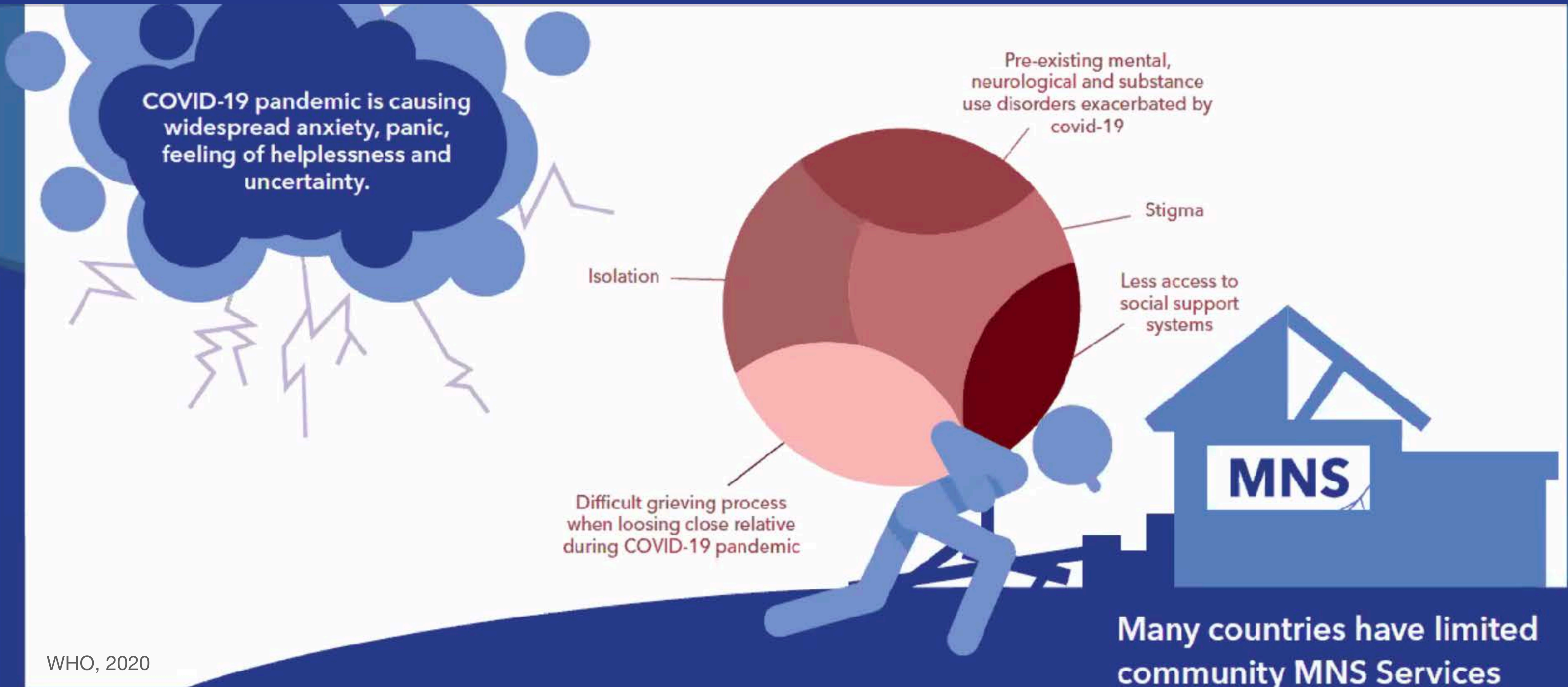
Surveillance and research concerning MNS disorders during the COVID-19 pandemic

- Q8** Is the ministry of health collecting or collating data on MNS disorders or manifestations in people with COVID-19?
- Q9** Is there a planned or ongoing study related to the impact of COVID-19 on mental health/ brain health/substance use in the country (by government or anyone else, whether stand-alone or as part of a broader survey)?

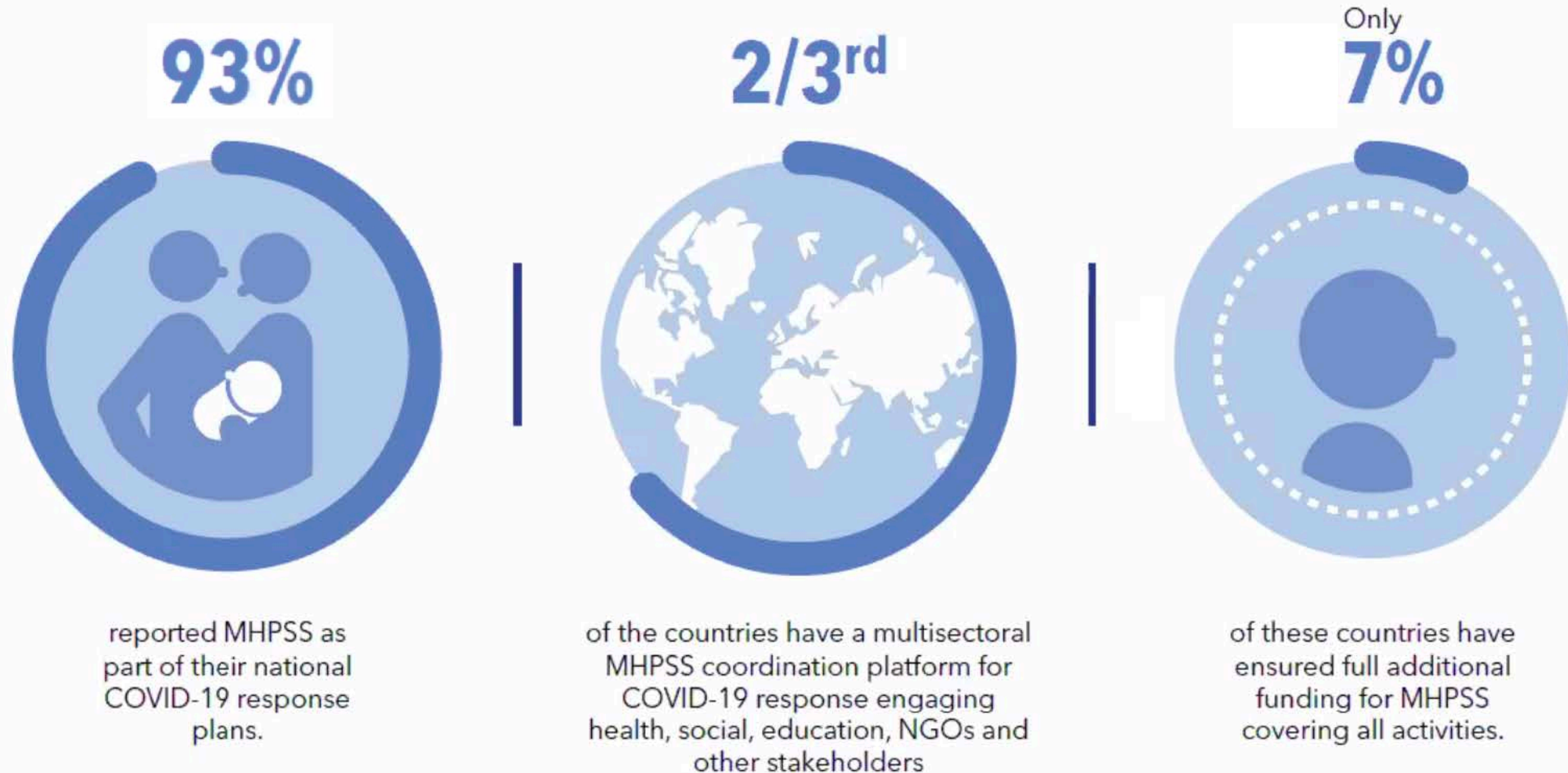
Results

- The survey was sent to 35 PAHO Member States. Of these, 29 countries (83.0%) responded: Antigua and Barbuda, Argentina, Bahamas, Barbados, Belize, Bolivia, Brazil, Canada, Chile, Colombia, Cuba, Dominican Republic, Ecuador, Grenada, Guyana, Honduras, Jamaica, Mexico, Nicaragua, Panama, Paraguay, Peru, St. Kitts and Nevis, St. Lucia, Suriname, Trinidad and Tobago, United States of America, Uruguay, and Venezuela. Additionally, four PAHO territories responded: Aruba, Bermuda, British Virgin Islands, Cayman Islands, and Curacao.

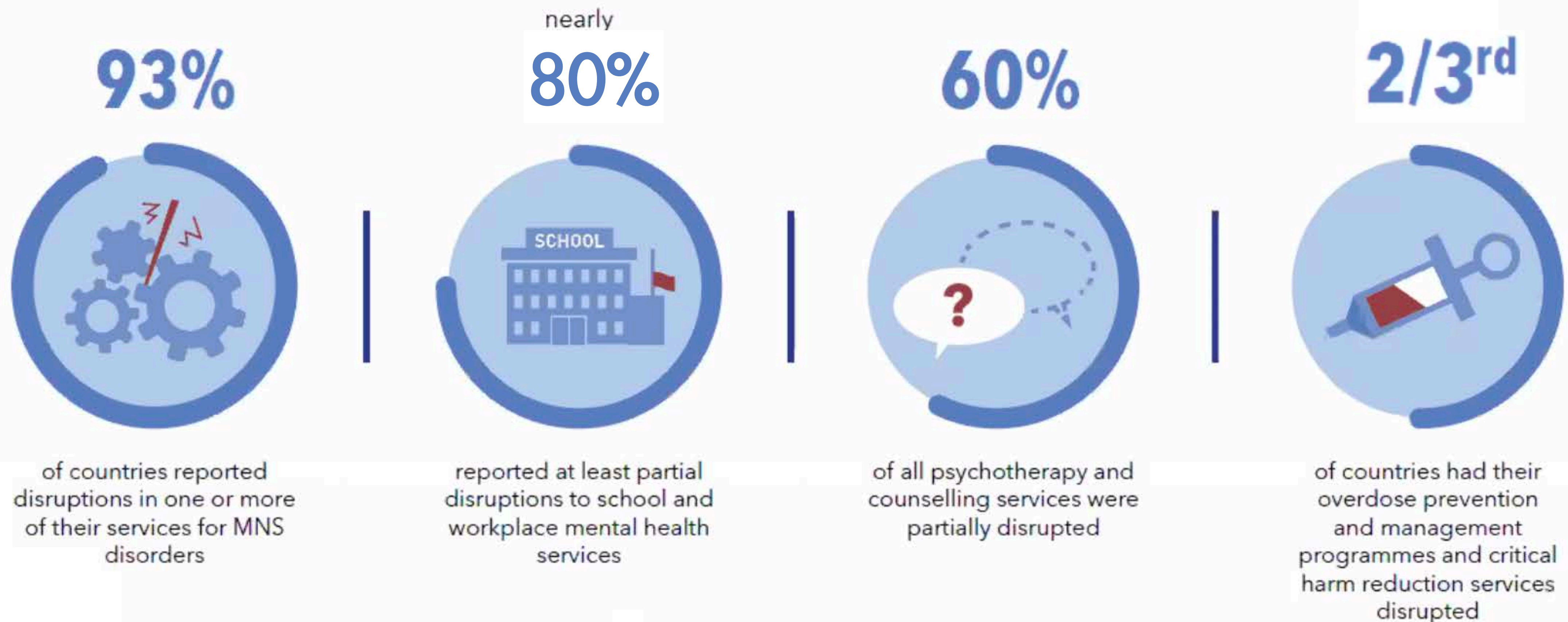
Adversity as a risk factor for mental health problems



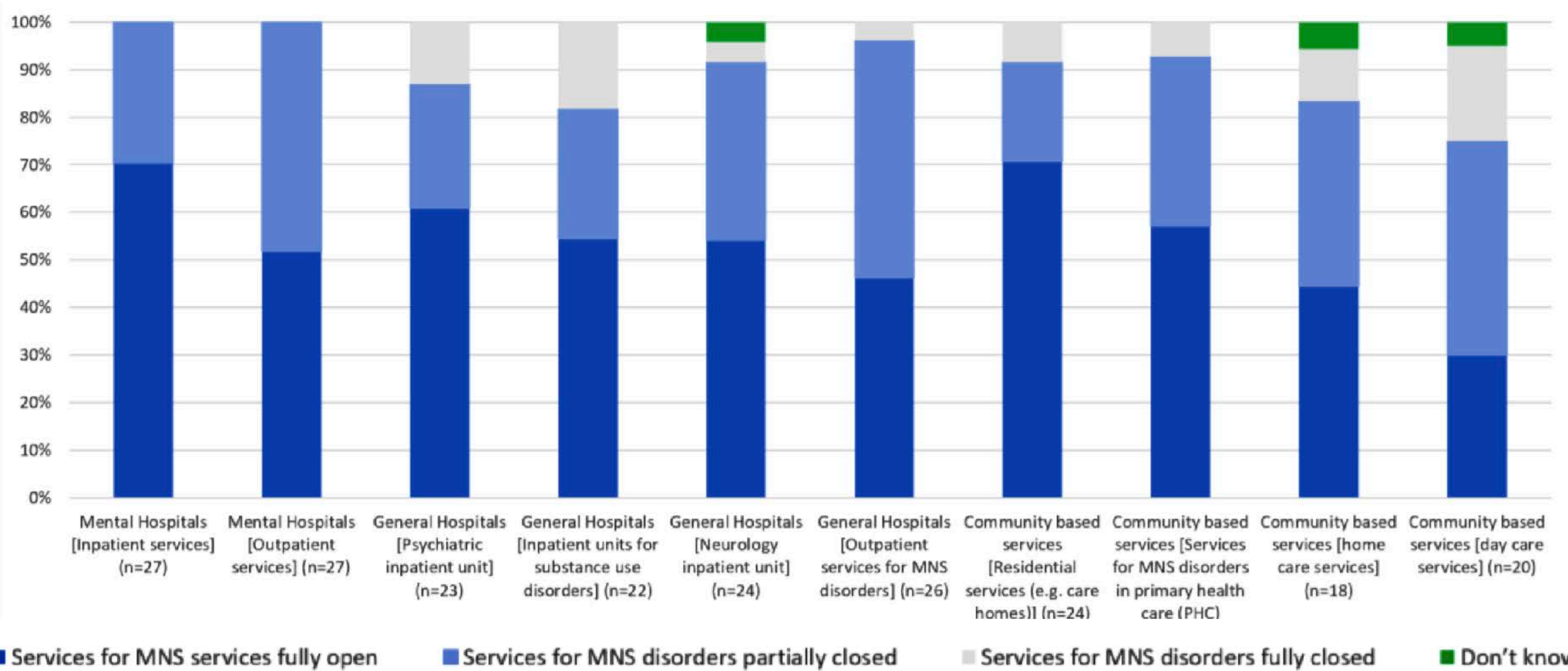
Mental health as an integral component of the COVID-19 response



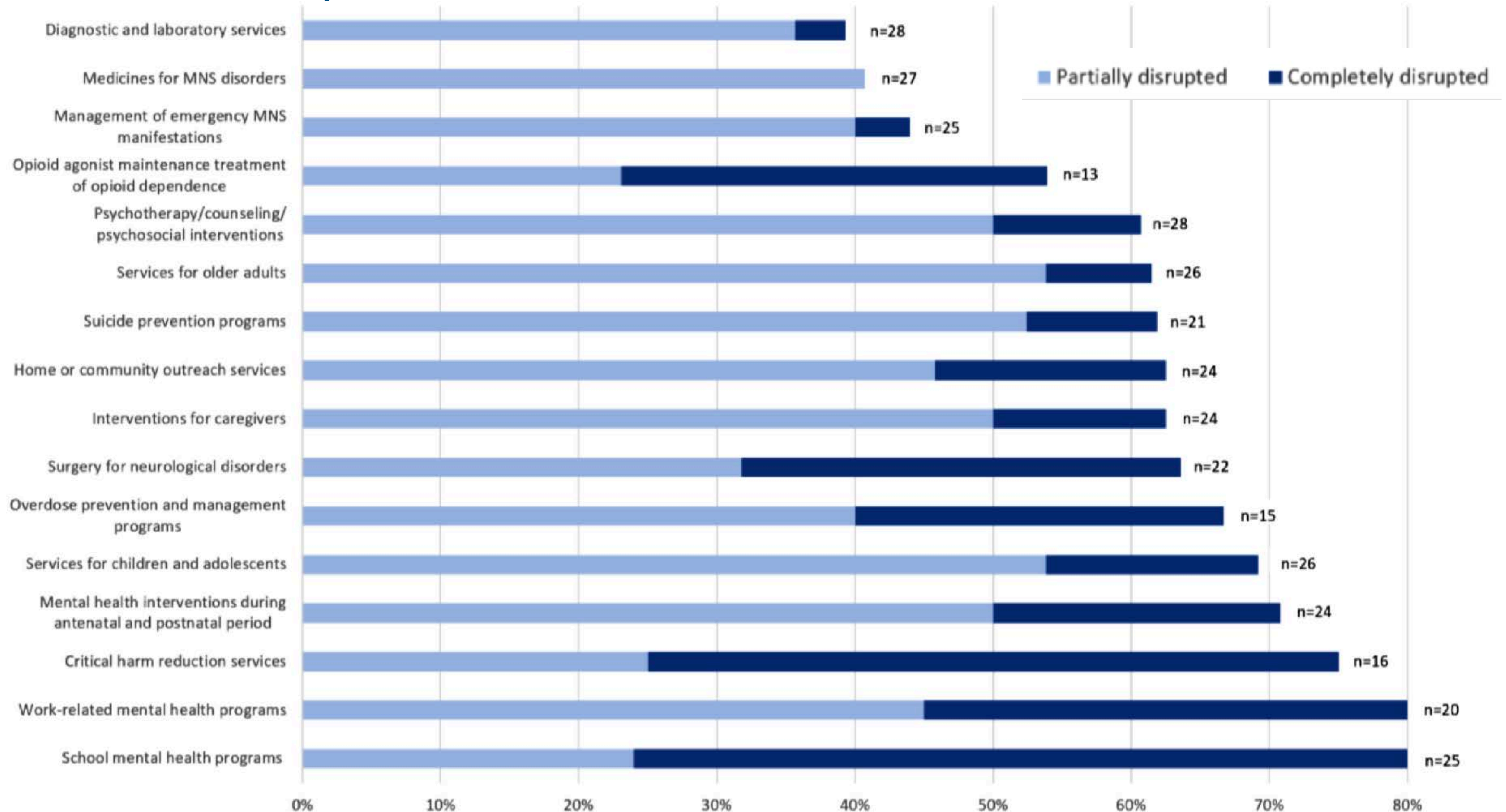
Services usage in LAC during the COVID-19 pandemic



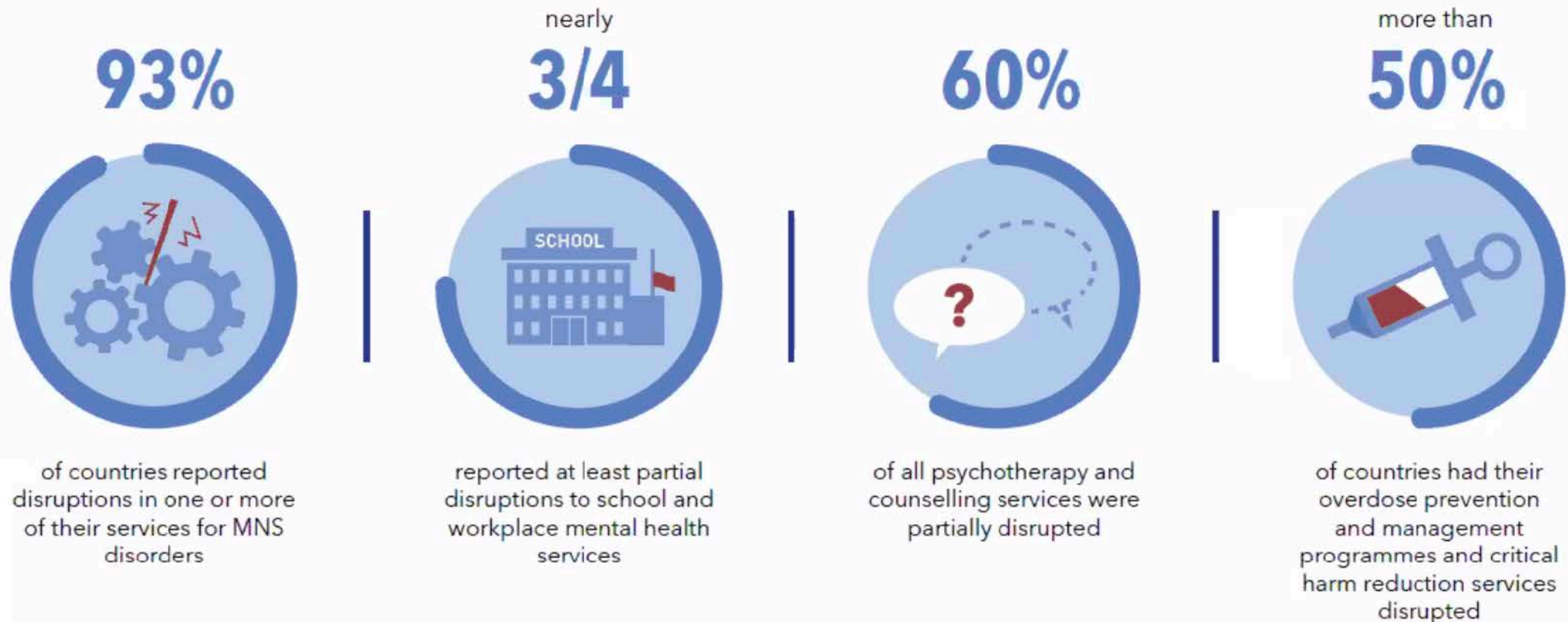
Policies for access to essential services for MNS disorders, by setting and categories of services



Disruptions of MNS-related interventions/services due to COVID-19



Services usage in LAC during the COVID-19 pandemic



Approaches To Overcome Disruptions

UNSG
UNICEF
UNHCR
IOM

CALL FOR
ACTION

Mental health is a priority

"Inclusion of mental health and psychosocial support as integral and cross-cutting component in public health emergency responses."



Maintaining essential health services:
operational guidance for the
COVID-19 context

Interim guidance
1 April 2020

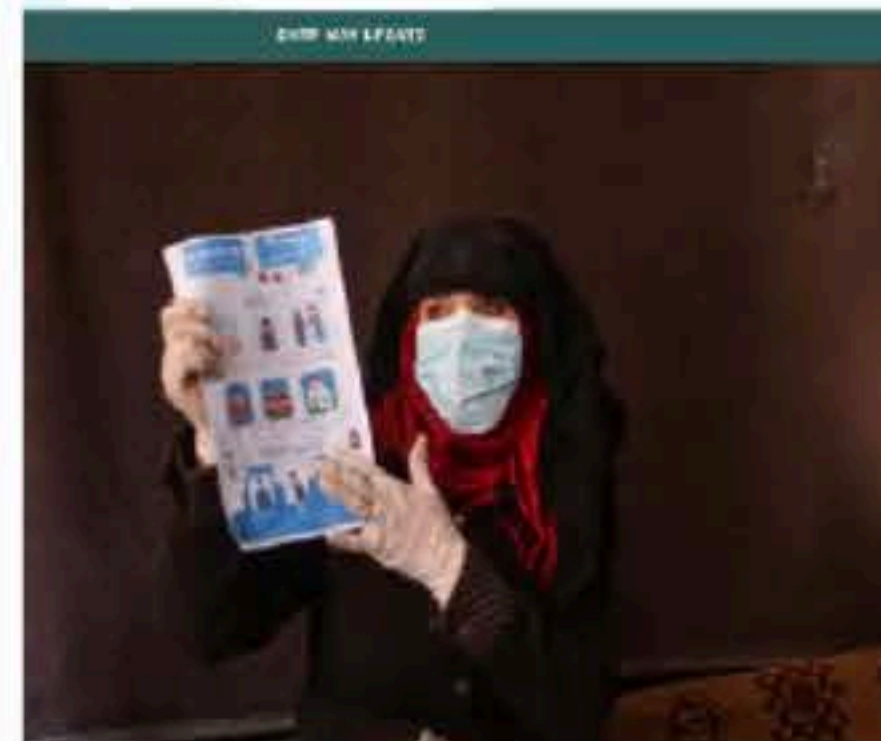


World Health
Organization

GLOBAL HUMANITARIAN
RESPONSE PLAN
COVID-19

UNITED NATIONS DISASTER APPEAL
WITH A \$400 MILLION CALL

DISASTER MANAGEMENT



Policy Brief:
COVID-19 and the
Need for Action
on Mental Health

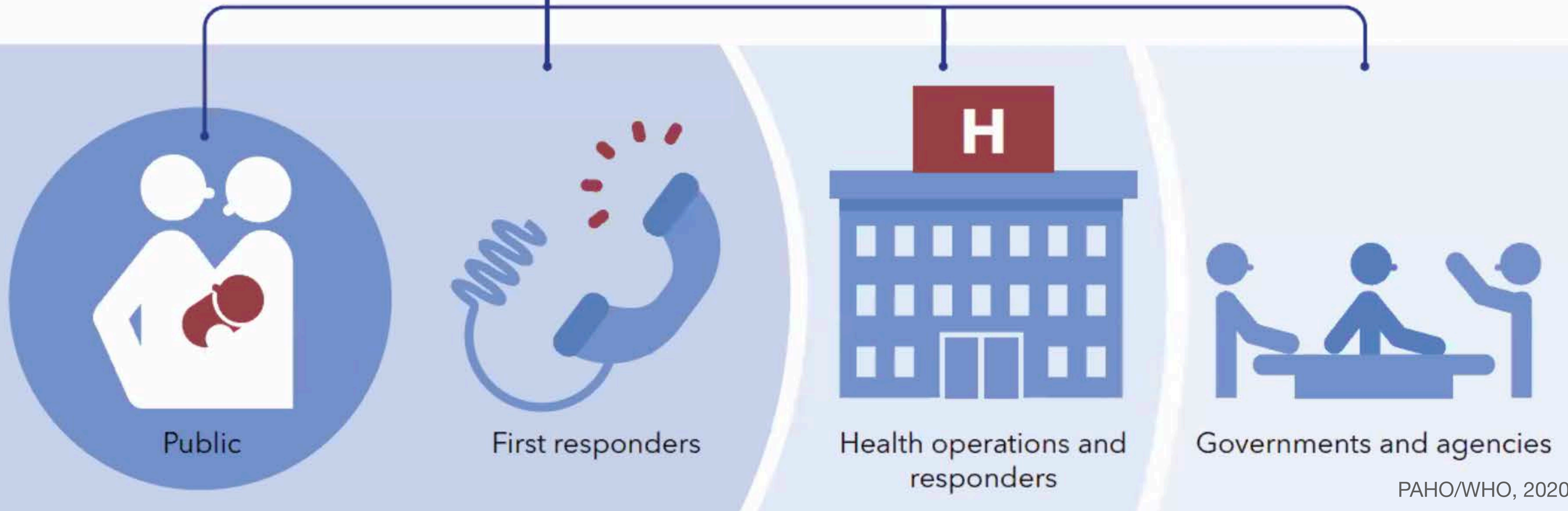
13 MAY 2020

United
Nations

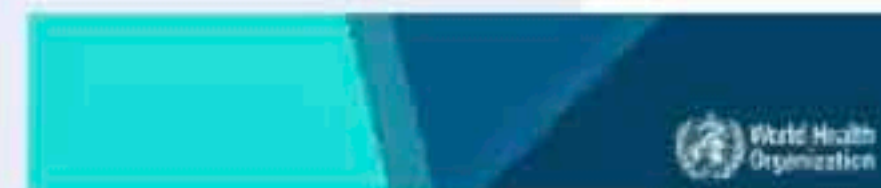
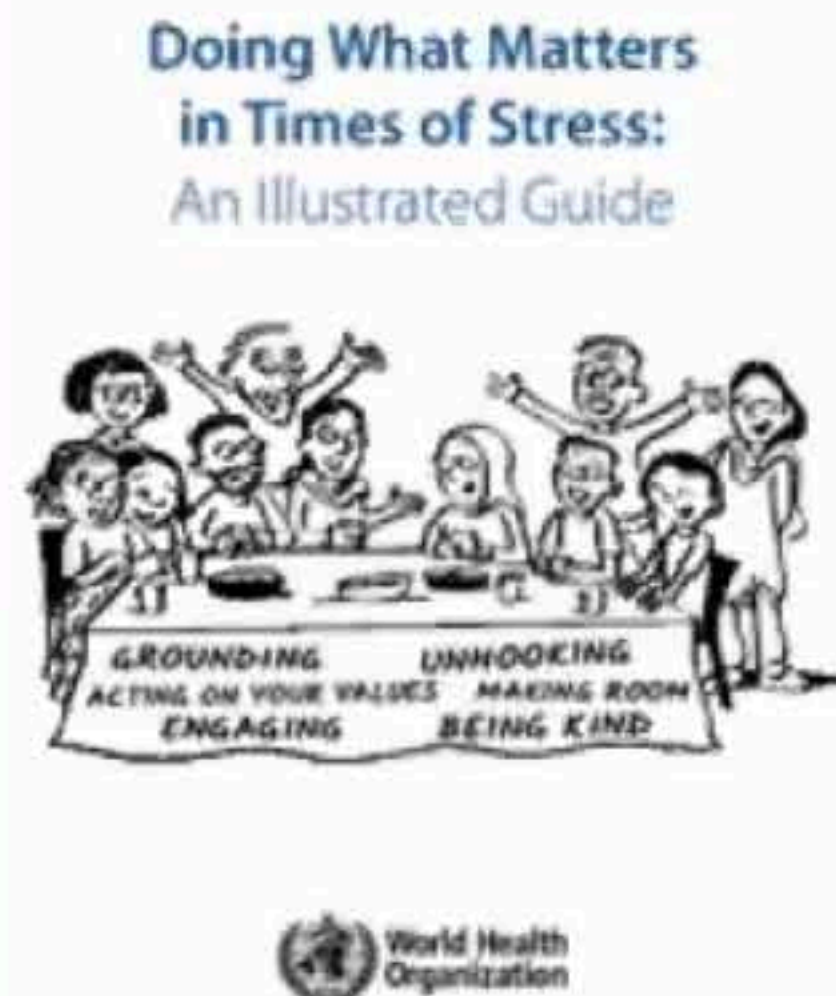


Mental health and psychosocial support is a crosscutting area within public health emergencies

WHO approach, providing comprehensive support at multiple level



Advice to the Public on Coping with COVID-19 Stressors



Mental health and psychosocial considerations during the COVID-19 outbreak

28 March 2020

In January 2020, the World Health Organization (WHO) declared the outbreak of a new coronavirus disease, COVID-19, to be a Public Health Emergency of International Concern. WHO stated that there is a risk of COVID-19 spreading to other areas around the world. In March 2020, WHO issued the announcement that COVID-19 is a pandemic and provided the following information:

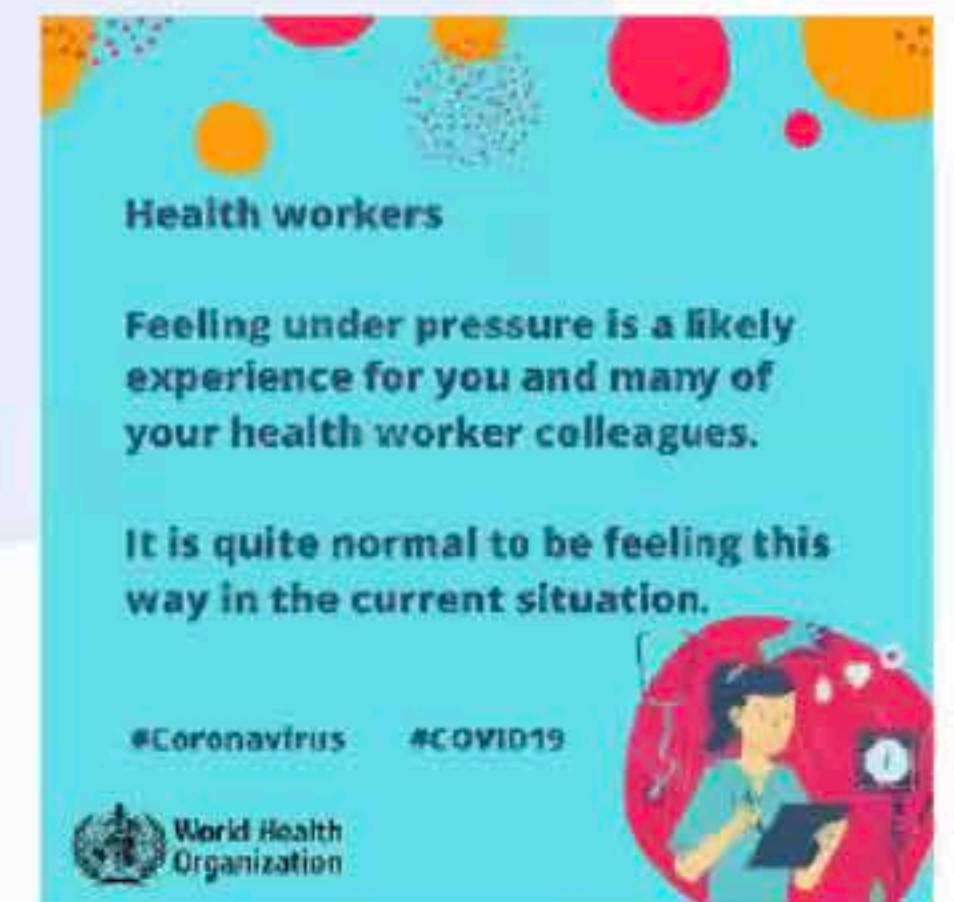
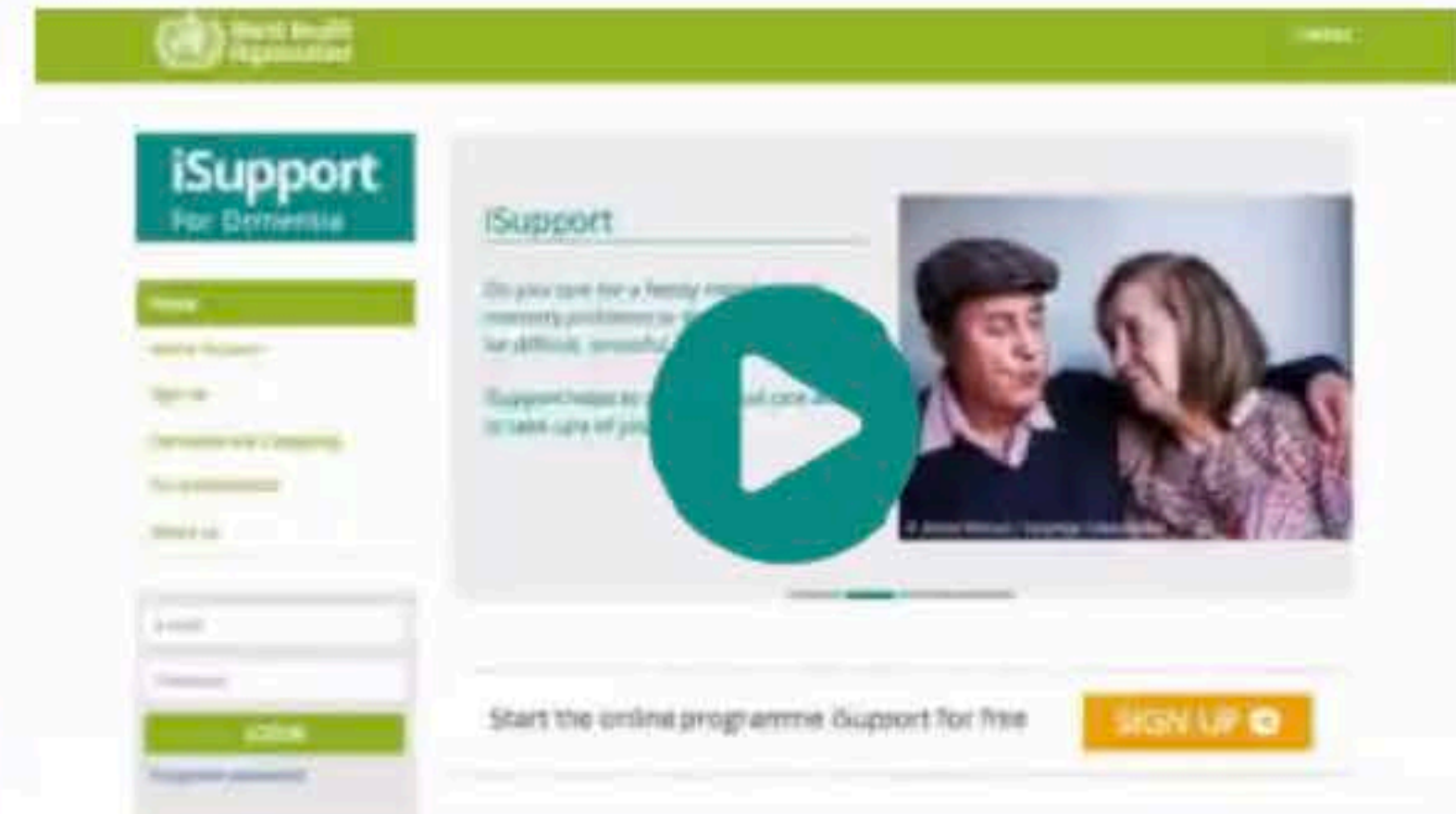
WHO experts believe that the outbreak of COVID-19 is a pandemic. However, a lot of work is going on to understand the situation. The number of cases and deaths is still low, but it is important to be prepared. The number of cases and deaths is still low, but it is important to be prepared. The number of cases and deaths is still low, but it is important to be prepared.

Message for the general public

1. COVID-19 has the ability to affect people from many countries, in many communities. However, it is not a threat to everyone. It is important to be prepared. It is important to be prepared. It is important to be prepared.

2. It is important to be prepared. It is important to be prepared. It is important to be prepared. It is important to be prepared. It is important to be prepared. It is important to be prepared.

3. It is important to be prepared. It is important to be prepared. It is important to be prepared. It is important to be prepared. It is important to be prepared. It is important to be prepared.



Resources for Clinical Providers

104 case studies
received from
40 countries from
all WHO regions



Stories from the field: Providing mental health and psychosocial support during the COVID-19 pandemic

MHN and the World Health Organization Department of Mental Health and Substance Use are collaborating to highlight the incredible efforts of individuals and organisations providing mental health and psychosocial support during the COVID-19 pandemic.

The stories below share innovation and best practice through personal narratives from health care workers around the world.

Mental Health and COVID-19

Resources by Population Group

Cross-cutting Resources

Webinar Series



Staff support during COVID-19: MHPSS initiatives from Miri General Hospital, Malaysia



Dr Raja Lope Adam, psychiatrist and MHPSS Team Leader at Miri General Hospital in Malaysia.

[Access here](#)

Luchando contra el COVID-19: Mental health support for migrants in Trinidad and Tobago



Dr Margaret Nakhid-Chetoor, Immediate Past President of the Trinidad and Tobago Association of Psychologists.

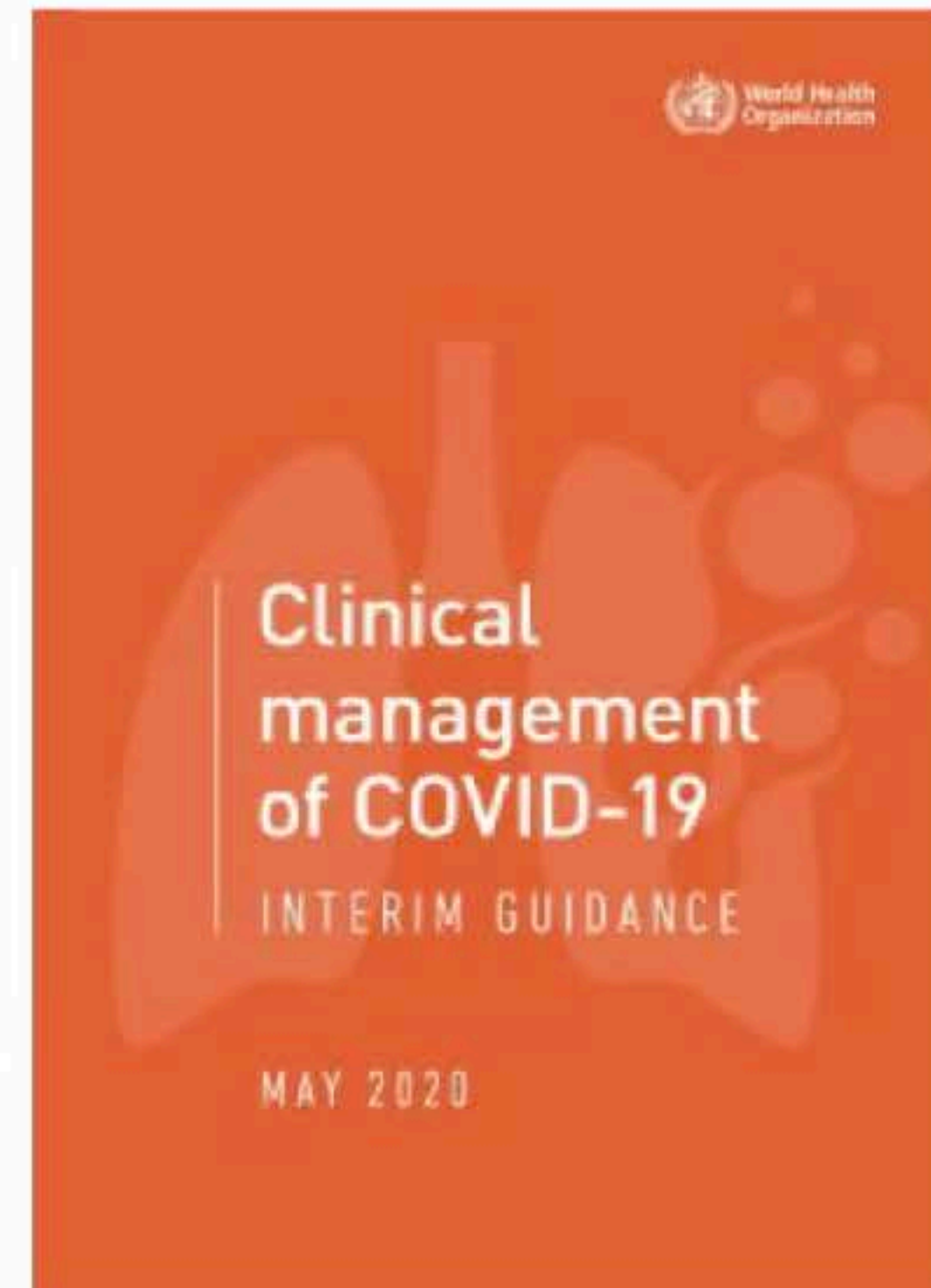
[Access here](#)

Technology as an ally and barrier: Supporting older adults in Ecuador and Spain during COVID-19



Andrea Alvarado, Clinical Psychologist from Ecuador specialising in working with the elderly.

[Access here](#)



WHO-Geneva-Salle C



IRARRAZAVAL, Matias



ASSANANGKORNCHAI, S...

WHO Floor



Unmute



Start Video



Participants 363



Chat 43



Share Screen



Record



Q&A 1



Interpretation

Leave

Mental health and psychosocial support in humanitarian settings

12/13



1 in 5 of people living in conflict settings may have a mental disorder

MHPSS is a crosscutting area of relevance to all sectors and clusters in humanitarian settings. (IASC Principals 5 December)

IASC

a collaboration of 57 international humanitarian organizations.



co-Chairs IASC MHPSS Reference Group.

MHPSS has for first time a monitoring indicator in GHRP.



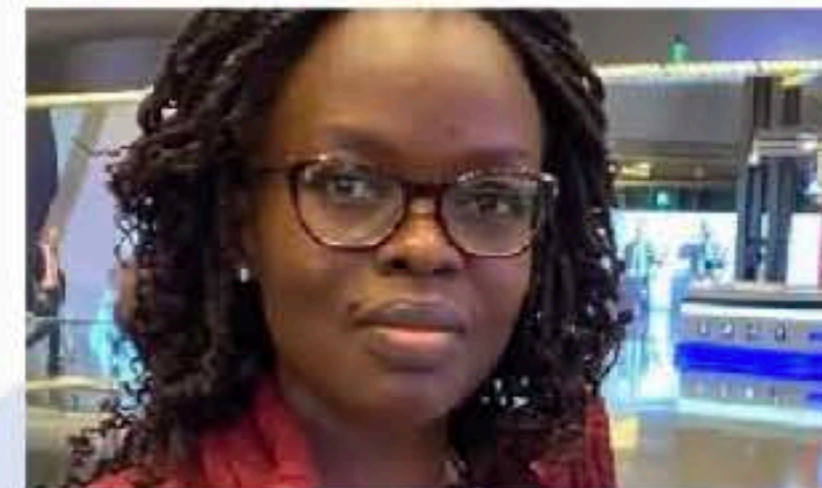
Total number of GHRP prioritized countries with functioning MHPSS multisectoral coordination platform increase:

22

March

42

September



Support to the first interagency rapid deployment mechanism for MHPSS coordinators, launched by Netherlands Enterprise Agency. 10 deployments in 2020



WHO-Geneva-Salle C



IRARRAZAVAL, Matias



ASSANANGKORNCHAI, S...

WHO Floor



Unmute



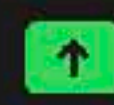
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Participants



Chat



Share Screen



Record



Q&A



Interpretation

Leave



SaludableMente ('Healthy Minds Initiative'): A Presidential Initiative

Objective: to address mental health needs and provide psychosocial support during the pandemic in Chile.

Commissions: (1) Strengthening Health System; (2) Strengthening Community Mental Health; (3) Risk Communication; (4) Healthcare workers and workplace; (5) Alcohol and substance use prevention; (6) Mental Wellbeing Support Service.

31
PARTICIPANTS

Academic institutions
Scientific Societies
Civil society
Parliamentarians
8 ministries

SaludableMente: Adapting Services and Programs

GOALS

- Whole-of-society approach to promote, protect and care for mental health.
- Extend availability of emergency mental health and psychosocial support.
- Support recovery from COVID-19 by building quality mental health services.

24
STRATEGIES

112
ACTIONS

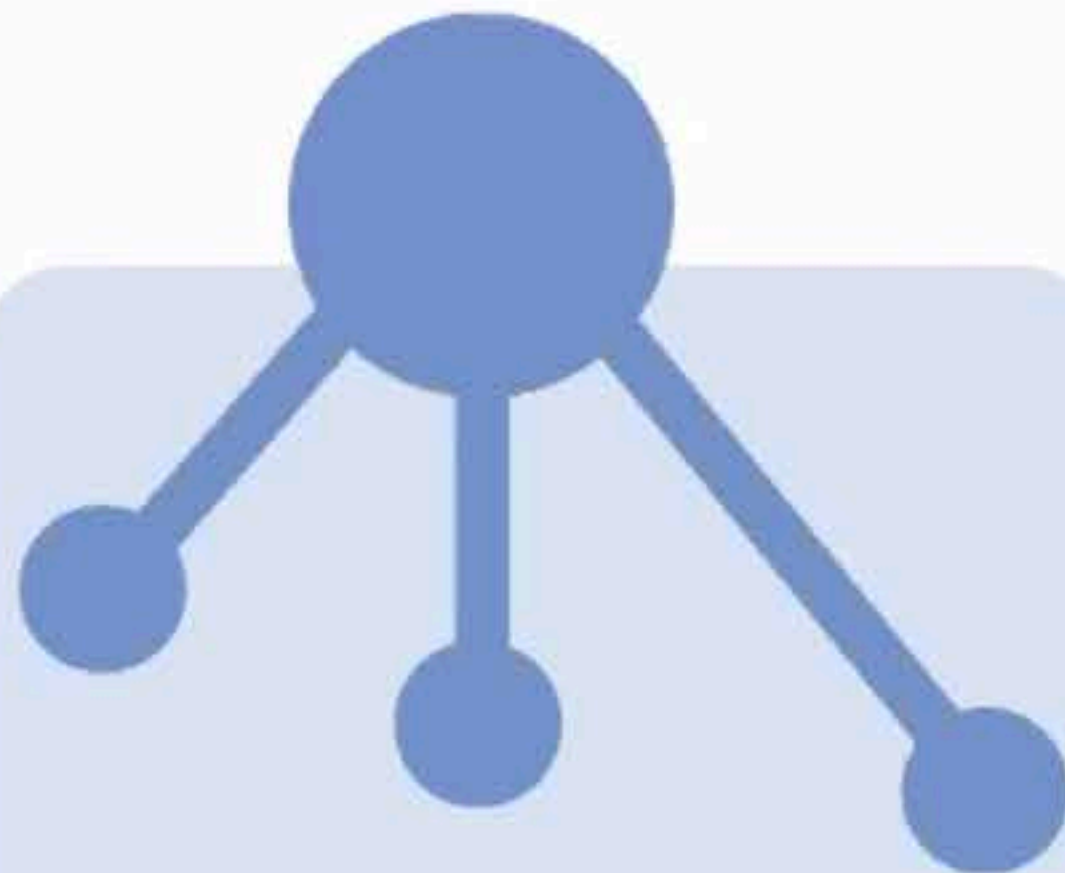
x5
Increase in
MH Budget

BARRIERS AND CHALLENGES

- Difficult communication about COVID-19 in ways that promote mental health and psycho-social well-being.
- Organizations of patients and PWLE were not invited from the beginning to participate in the advisory group.
- Extra budget was not considered from the beginning.

Recommendations

1 Allocate



resources to implement MHPSS as an integral component of COVID-19 response and recovery plans

2 Maintain



essential MNS services in-line with WHO recommended adaptations for safe delivery and considerations towards the restoration of services

3 Strengthen



monitoring of changes in service availability, delivery and utilization at the country level



Thank you!

matias.irarrazaval@minsal.cl