



Survey Participant Information

Project Title	Same Same Different: Social change values in mental health Peer Support
HREC Protocol Number	HREC/2021/QGC/74459
Coordinating Principal Investigator	Chérie McGregor (PhD candidate)
Associate Researchers	Amanda Waegeli; Brooke Starr; Helena Roenfeldt; James Hill; Kevin Stevenson; La Rue De Vries; Michael Burbank; Michelle Edwards
Supervisors	Dr Michelle Banfield; Dr Louise Byrne; Ms Suzi Quixley; Dr Bianca Calabria

About this research project.

This research project explores what role social change values play in shaping mental health Peer Support practices in diverse settings across Queensland. Initially we will collect data through an online survey, before exploring values in more depth through one-on-one interviews and focus group discussions. Research findings will be presented as a PhD thesis; published articles and used to develop a training package about values-driven practice for mental health Peer Support workers. You can visit [our webpage](https://nceph.anu.edu.au/research/projects/same-same-different-social-change-values-mental-health-peer-support) at <https://nceph.anu.edu.au/research/projects/same-same-different-social-change-values-mental-health-peer-support> to read more about the project and the researchers' backgrounds; follow our progress; complete the online survey; register your interest in receiving email updates and invitations to participate in interviews or focus groups.

This is a Lived Experience led, PhD research project undertaken with the Lived Experience Research Unit at the Australian National University (ANU). It has been approved by the Gold Coast Human Research Ethics Committee (HREC/2021/QGC/74459) and recognised by the ANU Human Research Ethics Committee.

Why research social change values in mental health Peer Support practice?

There is a lot of pressure to define and standardise mental health Peer Support practice. Australian politicians, policy makers and employers use academic literature to make decisions about the work we can do. A minority of the current academic literature examining our practice is written by Lived Experience researchers who have worked in Peer Support roles. Even less is written by Australian researchers. Lived Experience / Peer Support workers often describe their work as having a dual focus on mutual support and social change. Yet this is rarely reflected in academic literature.

Who can participate?

You can participate in the survey if you are

- 1) Over 18 years of age; and
- 2) Currently employed (paid or volunteer) in an identified mental health Lived Experience / Peer Support role; and
- 3) Work in Queensland.



About the survey – closing date 15th November, 2022

The survey will take about ten to fifteen minutes to complete a series of multiple-choice questions about your background and the values that you consider important to your Lived Experience / Peer Support practice. You can complete the survey online or request paper-based forms and reply-paid envelopes.

Participation is voluntary. You may withdraw at any time and may request to have your responses deleted from the data collection. Deleting data is only possible up to the 30th December, 2022

At the start of the survey, you will be asked to create a unique, easy to remember code. If you choose to withdraw and would like us to delete your responses, simply contact us and tell us your code so we can identify which responses to delete. Responses from partially completed surveys may be included in the data analysis unless you ask us to delete your answers.

Risks and Benefits of participating

We believe that the potential for participation in this research to cause distress is minimal, as we only ask about your Lived Experience / Peer Support practice approach in professional settings. However, if strong emotions are triggered, you may seek Peer Support by calling the [Brook RED Warmline](tel:0733439282) on 07 3343 9282.

No financial reward is offered in return for your time completing the survey, so you may not feel you benefit personally from participating. However, participating gives you the opportunity to contribute to research that gives voice to the Queensland mental health Peer Support workforce in academic literature that may influence local, national and international debates seeking to define our practices. Research results will also be used to develop training resources about values driven practice in Peer Support.

Privacy and confidentiality

The survey is completed anonymously. No identifying information is requested. At the end of the survey, you will have an option to register your contact details to receive updates about the research. If you choose to do so, your contact details will be recorded separately from your survey responses. Contact details will be securely stored in a password protected MailChimp cloud-based platform; will only be accessed by the Coordinating Principal Investigator; will not be shared; will only be used to send you the information you request; and will be deleted at the end of the project.

In collecting your personal information within this research, the Australian National University (ANU) must comply with the Privacy Act 1988. The ANU Privacy Policy is available at https://policies.anu.edu.au/ppi/document/ANUP_010007 and it contains information about how a person can:

- Access or seek correction to their personal information;
- Complain about a breach of an Australian Privacy Principle by ANU, and how ANU will handle the complaint.



Data Management

All data will be generated and/or recorded electronically. The ANU corporate licence for the Qualtrics platform (used for the online survey) stores data in Australia on ANU servers. MailChimp (used for registering to receive email updates) stores data overseas. Survey responses data will be stored via secure, password protected, cloud-based platforms (LabArchives and ANU cloudstor). These platforms store data locally in Australia. Data will be aggregated and analysed to produce a PhD thesis, publications and training materials. After the completion of this project, contact details will be deleted and de-identified data will be archived to be available to researchers and policy makers to access through the ANU Data Commons and Australian Data Archive. All copyright and intellectual property rights will be respected and sources appropriately cited in any publications.

Ethical clearance and research governance

This project has received ethical clearance from the Gold Coast Health Human Research Ethics Committee (HREC/2021/QGC/74459) and recognised by the ANU Human Research Ethics Committee. Academic and ethical reviews will be completed according to schedules required by the approving Human Research Ethics Committees and ANU to ensure the study complies with relevant legislation and standards. As an ANU research higher degree (PhD) project, this study is monitored by a supervisory panel led by Dr Michelle Banfield.

More information

You are welcome to contact the Coordinating Principal Investigator if you want more information about this project

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If you have any concerns or complaints about how this research has been conducted, please contact

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Australian
National
University

Queensland Health Staff

Site specific approvals have been granted by Gold Coast, Sunshine Coast, Wide Bay and Darling Downs Hospital and Health Services. Local contacts (for these services) who can answer questions about this project are

Gold Coast Hospital and Health Service

Senior Peer Coordinator

Sunshine Coast Hospital and Health Service

Peer Support Co-ordinator or Consumer Consultant

Wide Bay Hospital and Health Service

Senior Peer Coordinator

Darling Downs Hospital and Health Service

Consumer Consultant

Queensland Health staff may also contact Research Governance Officers (RGO's) at their local Hospital and Health Service to discuss a concern or complaint about the project. Details for individual RGO's can be accessed at https://www.health.qld.gov.au/_data/assets/pdf_file/0028/624763/Current-RGO-Contact-List.pdf