## in4MATive

**4MAT 4LEARNING** 

# **MY LEARNING STYLE**

#### Learning is a process that involves how we receive, process and organise information. People tend to have one main way that they like to learn. This is called a learning style.

This questionnaire will help you work out your preferred learning style.

Here's what to do:

- Step 1. Read each statement in the group.
- Step 2. Write a **4** next to the statement that sounds **most** like you.
- Step 3. Write a **1** next to the statement that sounds **least** like you.
- Step 4. Then rank the remaining statements with a 2 and a 3.
- Step 5. Calculate the score for each shape and write them in the SCORE area.
- Step 6. Work out which shape has the highest score and read the description on the next page.

#### I learn best by:

- \_\_\_ 🛧 Having time for self-discovery
- \_\_\_ Eistening and sharing ideas
- \_\_\_ 🛦 Testing how things work
- \_\_\_ Thinking through ideas

#### I am good at:

- 🔜 🛦 Making realistic decisions
- \_\_\_ Reaching accurate conclusions
- 🛧 Uncovering hidden possibilities
  - Connecting with people

#### I enjoy:

- \_\_ 🛧 Exploring big ideas and visions
- \_\_ 🛑 Telling stories
- Producing results
  - Organising ideas and data

#### People would identify me as:

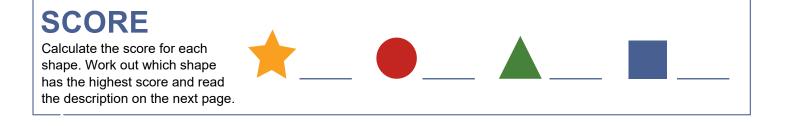
Productive
Creative
Responsive
Logical

#### I would prefer to:

- \_\_ 🛑 Make the world a happier place
- Acquire knowlege
- \_\_ 🛦 Solve practical problems

#### I have difficulty with teachers who are:

- 🔶 🛨 🔶 🔶
- Disorganised
- \_\_ 🛦 Emotional
- \_\_ 🛑 Impersonal



### WHICH TYPE OF LEARNER ARE YOU?



#### **Type 1 Learner**

Learns through: Stories, discussions, emotions and experiences Wants: Meaning Often asks: "Why?"

**More information:** You are most interested in people and culture. You can be a divergent thinker who believes in your own experience and excels in viewing concrete situations from many perspectives. You model yourself on those you respect. You learn through direct experience and then listen and share ideas with others. You need to be personally involved in your learning. You enjoy observing others. You value harmony in your environment and thrive in group work.

#### **Type 2 Learner**

Learns through: New information and facts Wants: Concepts Often asks: "What?"

**More information:** You are less interested in people than ideas and concepts. Thorough and industrious, you will re-examine facts if situations perplex you. You learn by thinking through ideas and value what experts think. You are comfortable with data, facts and information and are thorough and detailed. You are comfortable working on your own.

#### Type 3 Learner

Learns through: Seeing and practicing key skills Wants: Skills Often asks: "How?"

**More information:** You like hands-on experiences, enjoy solving problems and resent being given answers. You need to know how things you are asked to do will help in real life. You are a down-to-earth problem solver who is action and skills oriented. You usually get right to the point and have limited tolerance for "fuzzy" ideas or people who don't know what they are talking about.

#### **Type 4 Learner**

**Learns through:** Brainstorms, dreaming and new scenarios **Wants:** Adaptation

Favourite question: "What if?"

**More information:** You are adaptable to change and like variety. You are usually at ease with people. You often reach accurate conclusions in the absence of logical justification. You tend to learn through trial and error and are enthusiastic about new things. You like to have the big picture and not too much detail. You are comfortable with taking risks andthrive when flexibility is needed.

#### **Reflection Questions:**

- Is there a second style that is close to your first preference?
- Which style is definitely not you?
- What learner type do you feel most comfortable teaching?
- Do these answers tell you anything else about yourself?



1800 644 989 4matinfo@4mat4learning.com.a u www.4mat4learning.com.au

#### Want more detail?

This is just a 'taster'. Take the full Learning Type Measure test online and get a complete summary and report at www.4mationweb.com.au/online-assessment-centre

