

APHCRI Seminar Canberra, October 20, 2005

Lost in Translation-Contemporary Challenges in Health Research

Tikki Pang Research Policy & Cooperation Evidence & Information for Policy Cluster World Health Organization, Geneva.



A key contemporary challenge for health research is to build a bridge between research and action in order to improve practice, policy and public trust

How does research improve health?

- Better interventions
- Internalization by individualschanging of behaviours and empowering people



Julio Frenk, Mexican Minister of Health



Vietnam confirms a 4th bird-flu death

The Associated Press

City hospital has also tested positive for could die in a bird-flu pandemic.

HANOI: Vietnam confirmed its fourth death from bird flu in two weeks Thursday as the World Health Organization nam and 12 in Thailand in the last year.

City hospital has also tested positive for could die in a bird-flu pandemic.

"Influenza H5Nl is a particularly frightening virus," he said.

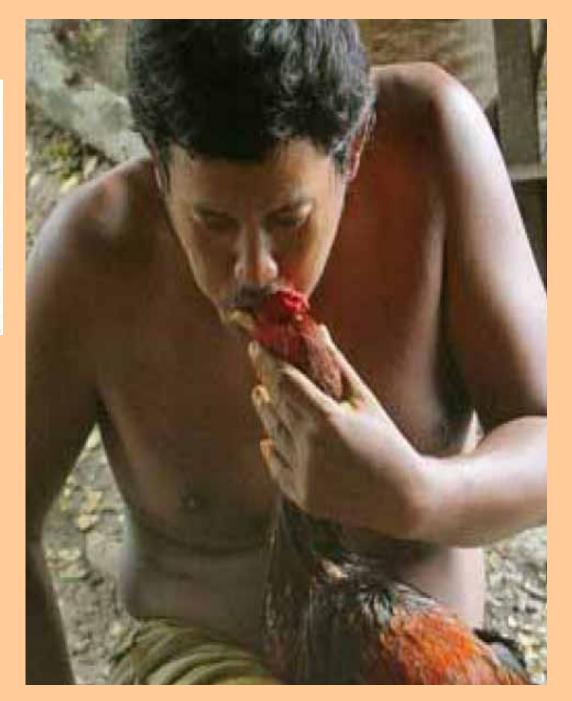
"Fortunately, the virus has yet to accalled the disease a "frightening virus" Medical experts have long expressed and urged stronger measures to combat concern that bird flu might mutate and its spread.

create the world's next influenza pan-demic. So far, there has been no concrete He added, "This formidable and Phan Van Tu, chief virologist at the demic. So far, there has been no concrete

woman being treated at a Ho Chi Minh worst case, 40 million to 100 million

"Fortunately, the virus has yet to acquire the ability to spread easily from human to human, but were it to do so,

Pasteur Institute in Ho Chi Minh City, evidence of human-to-human transmis-said tests had shown that an 18-year-old sion of the disease, and most patients ble and bold response."



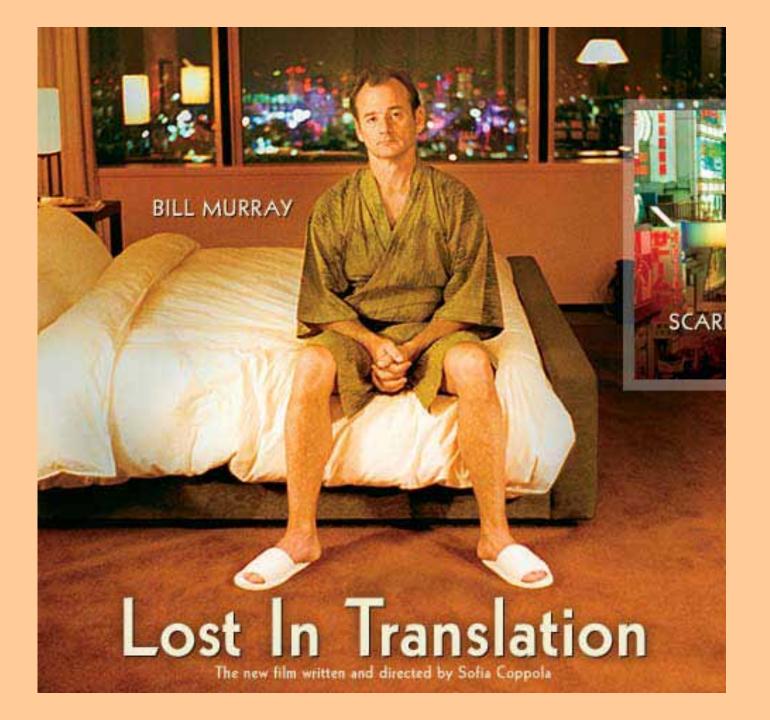
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- Informing decision- and policymaking



Julio Frenk, Mexican Minister of Health





UN Millennium Development Goals

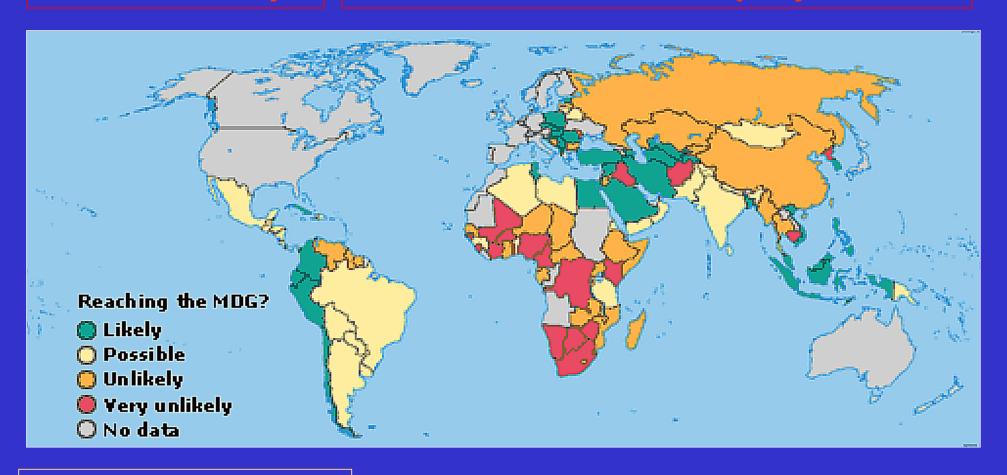
- 1. Eradicate extreme poverty & hunger
- 2. Achieve universal primary education
- 3. Promote gender equality & empower women
- 4. Reduce child mortality
- 5. Improve maternal health
- 6. Combat AIDS, malaria, TB & other diseases
- 7. Ensure environmental sustainability
- 8. Develop a global partnership for development



Prospects of Meeting Millennium Development Goals

Child Mortality

Need: 4% decline per year



Source: World Bank Group, 2003







3 m estimated annual deaths from malaria

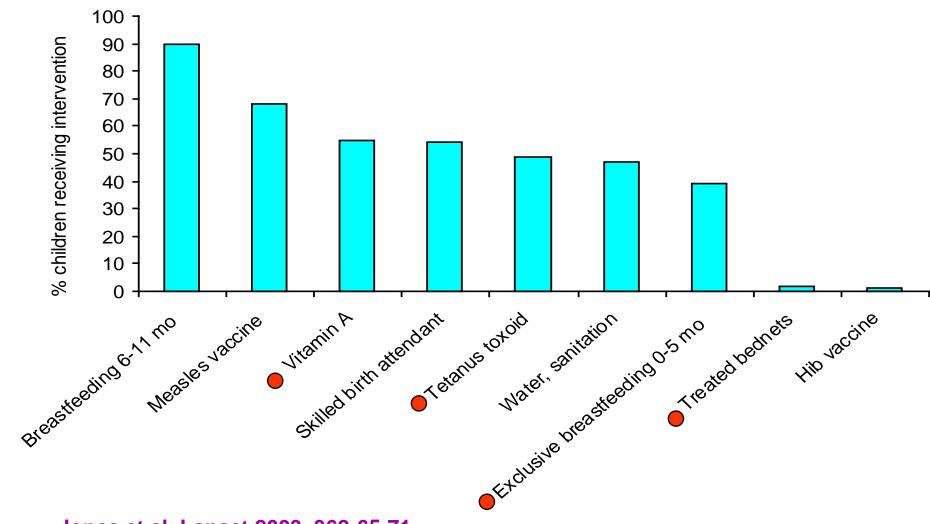
WORLD MALARIA SITUATION

More than 2 billion people around the world are threatened by malaria



Only between 2-15% African children are sleeping under bednets (2001)

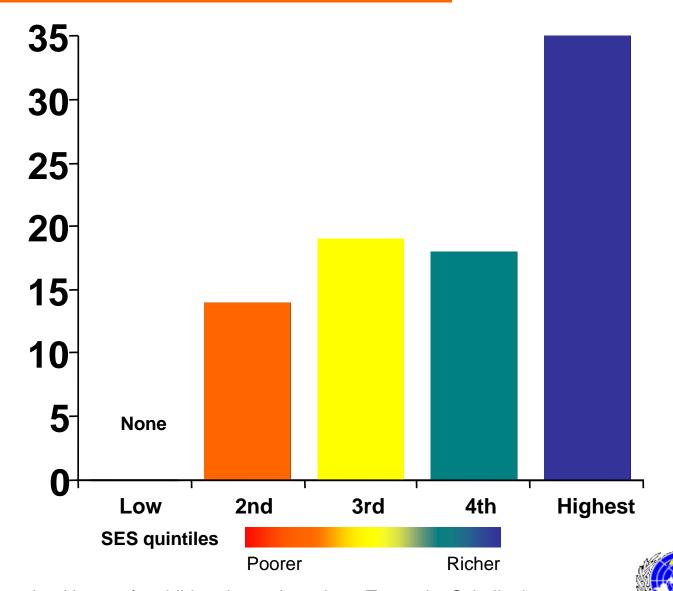
Child health - current delivery strategies are not working



Jones et al, Lancet 2003, 362:65-71

Inequities in access to drugs

% children in rural Tanzania with probable pneumonia who received an appropriate antibiotic, 2000



Source: Inequities among the very poor: health care for children in rural southern Tanzania. Schellenberg et al. THE LANCET • Vol 361 • February 15, 2003

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Julio Frenk, Mexican Minister of Health



"As an organization, we are committed to linking research, policy and practice; stimulating, supporting, coordinating and interpreting state-of-the-art research within the context of current societal and economic realities"



David Nabarro May, 2002



How to ensure better use of evidence? WHO's current roles

- Advocacy
- Support relevant research
- Setting norms and standards and build public trust
- Promote uptake of evidence

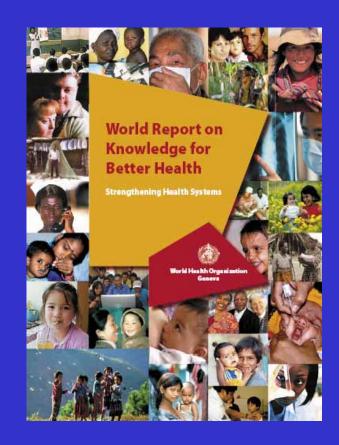


Ministerial Summit on Health Research, Mexico City, November 16-20, 2004



Key Messages from Summit

- More investment in health systems research
- Strengthen public confidence in science
- Translate knowledge into action to improve health



www.who.int/rpc/wr2004



58th World Health Assembly, Geneva, May 16-25, 2005





Alliance for Health Policy and Systems Research

- Identifying HSPR priorities
- Improving methodologies
- Better synthesis and dissemination
- Supporting relevant HSP research



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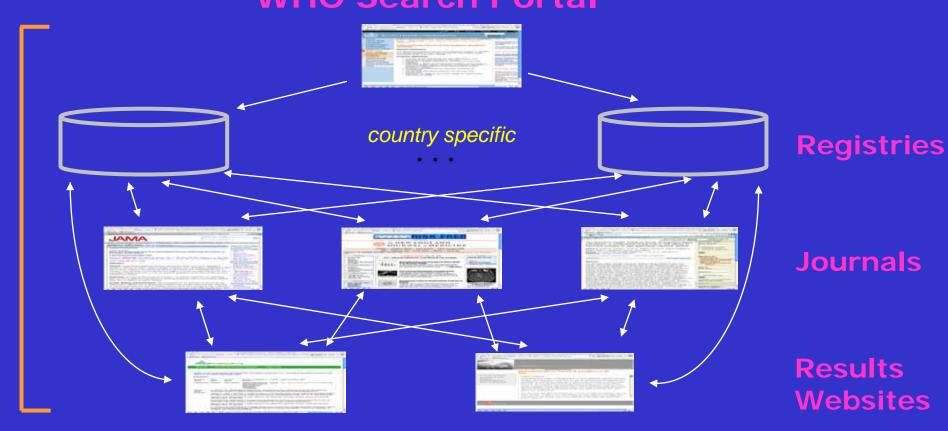


Trials Registry Platform

International

WHO International Clinical Trials Registry Platform Overview

WHO Search Portal



WHO Registry Platform Specific Aims

- Establish international norms and standards for trial registration and results disclosure
- Establish international certification of registers
- Establish unique numbering system
- Provide one-stop search portal for registers worldwide
- Advocate for compliance
- Advise & help build registration capacity as needed



"Clinical trials remain a major concern for us. South Africa is overwhelmed and our people are exposed to too many trials. Regulation, coordination and better access to information on which trials are going on are essential to protect the people"



Manto Tshabalala Msimang Minister of Health, South Africa, World Health Assembly, May 16, 2005



Agence France Presse -- English: Human guinea pigs queue for cash as drug firms rush to India

September 29, 2005 Thursday 2:59 AM GMT

DATELINE: BANGALORE, India Sept 29

Lured by the money being offered by the dozens of global pharmaceutical firms doing clinical trials in India, human guinea pig M. Mahesh, is testing his sixth drug -- this time helping in the search for a cure for asthma. Dressed in chequered green hospital dress and wearing a badge bearing his photograph and a number, Mashesh, a welder, has no inkling at all about the drugs he has allowed doctors to introduce into his body over the past two years. For now he has no regrets.

As Science Lengthens Lives, It Could Widen Inequalities

By Jerome Groopman

BOSTON — My grandmother lived vigorously to the age of 100. She was raised in an impoverished shtetl in czarist Russia, arrived in America the day President William McKinley was shot, lived in a cold-water tenement, sewed garments in a crowded, filthy sweatshop and delivered four children at home.

always assumed that she carried genes for longevity and a strong constitution. There were some in her family,

MEANWHILE

similarly healthy and long-lived, who inherited those genes, and others, less

The opposite painfully makes the same point. Families with genes that predispose them to serious illness, like the genes for breast cancer or the hyperlipidemia genes for heart att stroke, are marked by untimely

We will be faced with the decision of which life-limiting and proteins to remedy first. Sh address the most prevalent kill atherosclerosis, or the maladies fect younger people, like juver betes? Will some racial and ethnic groups be given short shrift, since minorities often have unusual genes predisposing them to rarer disorders?

Is science dangerous?

Does society need protecting from scientific advances? Most emphatically not, so long as scientists themselves and their employers are committed to full disclosure of what they know.

Lewis Wolpert

The idea that knowledge is dangerous is deeply embedded in our culture. Adam and



Divided loyalties

Trust in science is being eroded. How can we restore it?

portrayed as a soulless group, unconcerned with ethical issues.

But is science in fact dangerous, and do scientists have special social responsibilities? It is essential to recognize that reliable scien-



Murder by medicine

Across the developing world, people are dying after being peddled fake pharmaceuticals. Peter Aldhous reports from southeast Asia, where scientists, doctors and regulators battle against organized crime.

Reckless medical scans

or a prime example of medical screening that has proliferated beyond reason, consider the alarming case of full-body computed tomography scans to detect cancer, cardiovascular disease and other conditions. Narrowly targeted CT scans aimed at particular organs are undeniably valuable when used to pin down a diagnosis in sick patients. But full-body scans to screen healthy individuals for hidden disease have never been shown to be effective, and now there is evi-

patients to undergo needless further tests. The U.S. Food and Drug Administration and the American College of Radiology, among other expert groups, oppose full-body scans in people with no disease symptoms.

A study published in May found that radiologists and emergencyroom physicians were largely unaware of how much radiation the scans delivered, and now a study by Columbia University researchers highlights the risk of dying from radiation-induced cancer. A single

How to ensure better use of evidence? WHO's current roles

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"There is a pathway from good science to publication to evidence, and to programs that work. In this way research becomes an inherent part of problem-solving and policy implementation"

Julio Frenk, Mexican Minister of Health

"There is unity between research and health care-there is no fundamental difference and the two are separated only by time"

Harvey Fineberg, President, IOM

Politicians and policymakers don't see the light; they feel the heat...."

Christina Zarowsky

Policymakers often regard 'research' as the opposite of 'action' rather than the opposite of 'ignorance'

Martin Surr

Policymakers



Researchers

- Complex policy problems
- Focused solutions
- Reducing uncertainties
- Speed
- Control & delay
- Manipulation
- Feasible & pragmatic solutions

- Simplification of problems
- Interest in related but separated issues
- Finding the truth
- Time to think
- Publish or perish
- Explanation
- Thoughtful deliberations

World Report on Knowledge for Better Health, WHO, 2004



Better communication between researchers and policymakers

- Interaction must be structured-a platform or forum must exist
- Research translators or knowledge "intermediaries" are needed
- Research must be embedded into implementation
- Information needs must be clear



EVIPNet (Evidence-informed Policy Networks)

- Invitations to WPRO countries thru MOH to respond to first, planning phase by submitting letters of intent to develop in-country mechanisms to strengthen research to policy linkages
- Workshop for potential applicants in Kuala Lumpur, Malaysia (June 13-15, 2005)
- 7 teams participated (Laos, Malaysia, Philippines, Vietnam and China-Shandong, Sichuan, Beijing)
- Evaluation of proposals ongoing, awards by end 2005
- Extension of networks idea to Africa in 2006 (SIDA)





EViPNET Workshop, Kuala Lumpur, Malaysia, June 13-15, 2005

What they told us about what works....

- Simplify and package research results
- Research embedded in implementation
- Integration of new interventions into existing platforms
- Researchers involved in scale-up
- "Hot" topic for government
- Long time frames



.....and what doesn't

- Lack of timely data for policy makers
- Limited access to information
- Lack of appropriate research agenda (including post-policy research) and weak HSR capacity
- Lack of research quality assurance
- Poor understanding of the value of research
- Distortion of evidence

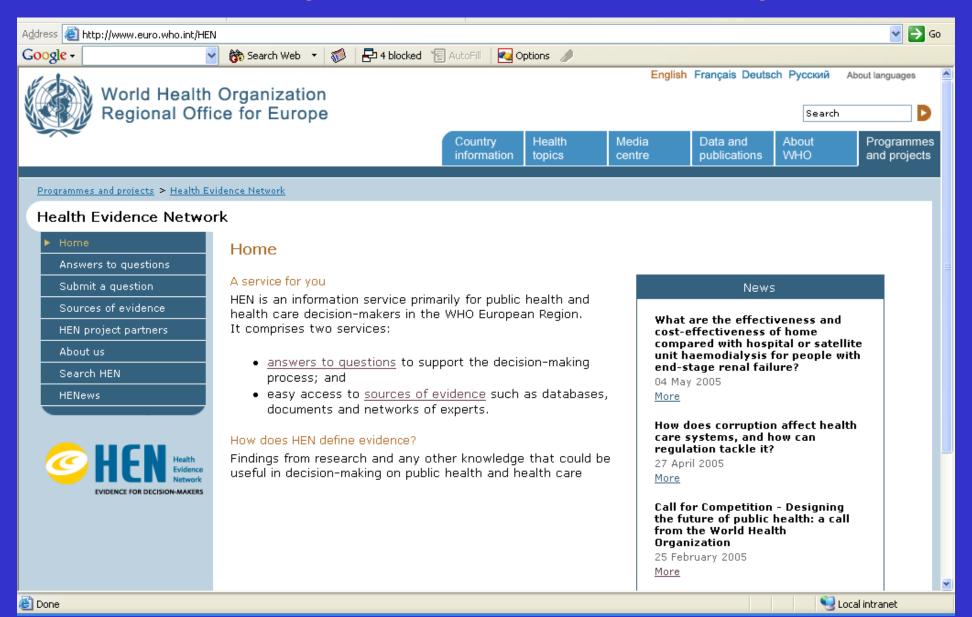


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HEN (Health Evidence Network)





Policy-makers' questions are HEN's starting point.....

Policy-makers' question

Synthesis of evidence

10-page report & 1-page summary

www.euro.who.int/hen





HEN has four means to achieve its aims

- HEN reports synthesising the best available evidence
- Summaries of existing reports
- Brief responses to questions coming from the HEN email box
- Availability of selected policy-relevant documents and databases on the web





Examples of questions sent to HEN

- What is the efficacy/effectiveness of antenatal care?
- What are the main risk factors for disability in old age and how can disability be prevented?
- Which are the most effective and cost-effective interventions for tobacco control?
- Should mass screening for prostate cancer be introduced at the national level?



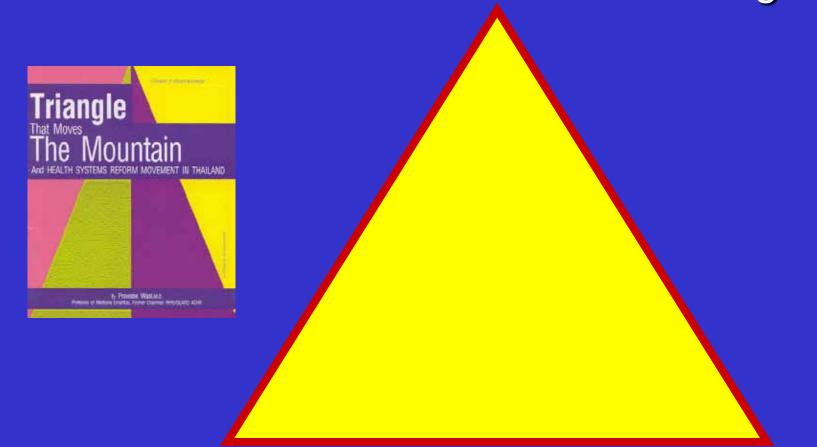
Evidence and Information for Policy

Health ministries are asking HEN about ...

- Belgium:
 evidence on programmes for prevention of suicide
- Lithuania:evidence on health care financing
- Luxembourg: evidence on national screening programmes for osteoporosis
- Netherlands:
 gender issues in interpretation of evidence



Creation and use of knowledge



Social movement

Political involvement



A key contemporary challenge for health research is to build a bridge between research and action in order to improve practice, policy and public trust

"The bridges we have to cross span increasingly troubled waters-where inequities and poverty leads poor people to see hope as more of a taunt than a promise"

Hon. Bob Hawke Former Prime Minister of Australia December 1, 2004



