Evaluation of the Partners in Recovery program: A tailored care program for complex and persistent mental health problems

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Background

The Partners in Recovery (PIR) program was a nation-wide Australian program designed to improve coordinated care and address the high level of unmet need in people with severe and persistent mental health problems.

Aim: To evaluate effectiveness of PIR.

"My PIR case-worker has been wonderfully supportive.

He has always made time for me and linked me into relevant services when required.

This program has really assisted in my recovery."



Australian National University

Methods

N = 25 participants at six community mental health service providers, Canberra. Data was collected via survey and interviews.



Measures = QoL, social inclusion, recovery.

Analyses: Network, qualitative analyses, multi-level fixed effect models.



QoL, social inclusion, and perceptions of recovery all improved (p = .001-.025) from baseline to endpoint.

Network and qualitative analyses indicated the central role for the *Support Facilitator* in participant recovery.

Conclusion

Preliminary support for improving outcomes.

Participants viewed *Support Facilitators* as being vital to their recovery journey.

Tailored, wrap-around care can provide significant benefits to the health care system.

