# **CONSENT FORM**

## I have read and understood the information above that describes this study. I understand that I can withdraw my participation in this study at any time . I also understand that I can withdraw the data that has already been provided by communicating this wish in writing to the research team before the scientific report is finalized (approximately May 2024), otherwise I agree for it to be used in the research. I also understand that I will be invited to follow-up surveys even if I miss or incompletely fill-in the first or second follow-up surveys. Understanding all this:

☐ Yes, I consent to participate in this study, which includes the current survey and three follow-up surveys.

No, I do not wish to participate in this study.

Depending on the results of this initial study, we may also run further follow-up studies. Do you consent to be contacted for further follow-up studies, beyond this current longitudinal study on social media use, mental health, and sleep?

☐ Yes, I consent to be contacted for possible participation in further follow-up studies.

No, I do not wish to be contacted beyond the present study.

The primary purpose of this study is to answer questions about the relationship between social media, sleep, and mental health. It is however possible the data may be useful to answer broader questions either by itself or by combining it with data from other similar studies. Do you consent to your data being used for scientific purposes beyond the initial scope of this study?

☐ Yes, I consent to my data being used for other scientific purposes.

No, I only consent to my data being used for the purposes stated in the participant information sheet.